YOUR SYMIBCORT INHALER
Before using SYMIBCORT, read the full instructions in the Medication Guide that comes with your prescription. You can use this quick reference guide as a brief reminder. If you have any questions, ask your doctor or pharmacist.

PREPARING YOUR SYMIBCORT INHALER
Take your SYMIBCORT inhaler out of the foil pouch.
If using it for the first time, or if you haven’t used it in more than 7 days, shake your SYMIBCORT inhaler well for 5 seconds, then release a test spray.
Shake it again for 5 seconds and release a second test spray.

QUICK GUIDE
1. Shake your inhaler well for 5 seconds.
2. Remove the mouthpiece cover by squeezing gently at both sides, then pulling out, as seen here. Check the mouthpiece for foreign objects.
3. Breathe out fully, then place the mouthpiece into your mouth and close your lips around it. Make sure that the inhaler is upright and that the opening of the mouthpiece is pointing towards the back of your throat. Inhale deeply and slowly while pressing down firmly on the top of the counter on the inhaler.
4. Continue to breathe in and hold your breath for about 10 seconds, or for as long as comfortable. Before you breathe out, release your finger from the top of the counter. Keep the inhaler upright and remove from your mouth.

For your second puff, shake the SYMIBCORT inhaler again for 5 seconds and repeat steps 3 and 4.

AFTER USING THE SYMIBCORT INHALER
After use, close the mouthpiece cover by pushing until it clicks in place. After you finish taking SYMIBCORT (two puffs), rinse your mouth with water. Spit out the water. Do not swallow it.

REMEMBER
Use SYMIBCORT twice a day, morning and evening. While taking SYMIBCORT, never use another medicine that contains a LABA. SYMIBCORT is not, and will not replace, a rescue inhaler for sudden symptoms. Contact your doctor if your asthma does not improve or gets worse. If you have any questions about using your inhaler, contact your health care professional.

Asthma Patients Taking SYMIBCORT: TO SEE A VIDEO ON HOW TO USE YOUR INHALER, GO TO SYMIBCORTASTHMA.COM
COPD Patients taking SYMIBCORT: TO SEE A VIDEO ON HOW TO USE YOUR INHALER, GO TO SYMIBCORTCOPD.COM

PLEASE READ FULL INSTRUCTIONS IN THE MEDICATION GUIDE, PROVIDED WITH THE ACCOMPANYING PRESCRIBING INFORMATION, BEFORE USING.

PLEASE SEE IMPORTANT INFORMATION ABOUT SYMIBCORT ON THE REVERSE SIDE AND THE ACCOMPANYING PRESCRIBING INFORMATION AND MEDICATION GUIDE.
SYMBICORT can cause serious side effects, including:

- **Pneumonia and other lower respiratory tract infections.** People with COPD may have a higher chance of pneumonia. Call your doctor if you notice any of the following symptoms: change in amount or color of mucus, fever, chills, increased cough, or increased breathing problems.

- **Serious allergic reactions** including rash, hives, swelling of the face, mouth and tongue, and breathing problems.

- **Immune system effect and a higher chance of infection.** Tell your health care provider if you think you are exposed to infections such as chicken pox or measles, or if you have any signs of infection such as fever, pain, body aches, chills, feeling tired, nausea, or vomiting.

- **Adrenal insufficiency.** This can happen when you stop taking oral corticosteroid medicines and start inhaled corticosteroid medicine.

- **Using too much of a LABA medicine** may cause chest pain, increase in blood pressure, fast and irregular heartbeat, headache, tremor, or nervousness.

- **Increased wheezing** right after taking SYMBICORT. Always have a rescue inhaler with you to treat sudden wheezing.

- **Eye problems including glaucoma and cataracts.** You should have regular eye exams while using SYMBICORT.

- **Lower bone mineral density** can happen in people who have a high chance for low bone mineral density (osteoporosis).

- **Slowed growth in children.** A child’s growth should be checked regularly while using SYMBICORT.

- **Swelling of blood vessels** (signs include a feeling of pins and needles or numbness of arms or legs, flu like symptoms, rash, pain or swelling of the sinuses), decrease in blood potassium and increase in blood sugar levels.

Common side effects in patients with asthma include nose and throat irritation, headache, upper respiratory tract infection, sore throat, sinusitis, stomach discomfort, flu, back pain, nasal congestion, vomiting, and thrush in the mouth and throat.

Common side effects in patients with COPD include inflammation of the nasal passages and throat, thrush in the mouth and throat, bronchitis, sinusitis, and upper respiratory tract infection.

**Approved Uses for SYMBICORT**

SYMBICORT 80/4.5 and 160/4.5 are medicines for the treatment of asthma for people 12 years and older whose doctor has determined that their asthma is not well controlled with a long-term asthma control medicine such as an inhaled corticosteroid or whose asthma is severe enough to begin treatment with SYMBICORT. SYMBICORT is not a treatment for sudden asthma symptoms.

SYMBICORT 160/4.5 is for adults with COPD, including chronic bronchitis and emphysema. You should only take 2 inhalations of SYMBICORT twice a day. Higher doses will not provide additional benefits.

Please see full Prescribing Information and Medication Guide and discuss with your doctor.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.